

Vinalhaven Services

Compiled by the Wellness Coalition Aging in Place Work Group

YARD & HOUSE MAINTENANCE

Handyman

Jeff Aronson 863-9381
Wayne Beverage 863-2223
Bob Candage 863-4943
Mont Conway 863-2227
Matt Crossman 863-4567
Chad King 863-2331
Craig Lear 863-9000
John Moreland 863-2782
Patrick Trainor 863-4699

Lawn & Garden Care

Sandy Alley 863-4899
Dana Barton 863-4898
David Boughton 863-9917
Carla Harris 863-4837
Linnell Mather 863-4558
Kevin & Kristel Moore 863-4868

Plowing/Shoveling

Richie Carlson 863-4624
Darren Jones 863-4510
Geno Lazaro 863-4923
Gus Radley 863-9910

PERSONAL CARE/ASSISTANCE

Vinalhaven Eldercare Services

863-9980
Julie Haley 863-0950
Michele Stanley 863-4861
Carol Swears 863-4695

SHOPPING/ERRANDS

Carver's Market Delivery 863-4319
Julie Haley 867-0950
Sophie Lazaro 863-9922
Library Book Delivery 863-4401
Island Closet 863-2773

PAPERWORK

ICMS 863-4341

J. Edward Knight Insurance

863-9384
Lynette Woodcock 863-2702
Sherie Romer Day 863-9370

PET CARE

*Corey Crossman 863-4567
**in town only*
Jeanne Bineau-Ames 863-2705
Carla Harris 863-4837
Sue Radley 863-4822

SOCIAL OPPORTUNITIES

Adult Day Visitors at Homestead

Minister Visits from Churches

Beano at the Homestead,

Every other Thursday at 1 pm

Lunchbox at Union Church

Monday at 11:30 am starting

November

Red Hatters Lunch

Wednesdays

Knitters Group/Handywork at Library

Monday at 7-9 pm

Tai Chi at the Homestead

Wednesday at 8:30 am

TRANSPORTATION

VH Eldercare to ICMS 863-9980

**This is a list of service providers intended for people who need help at home. The service provider will determine compensation...from a set fee to bartering. We recognize this is list is incomplete, if you would like to be added to the list please us know. Kelsey Byrd, 2563. **